

Scoutreach REmote - **Sunshine!**



Welcome to **Scoutreach REmote!**

REview the weekly plan of activities

REcord your participation daily with a checkmark

REturn your completed sheet to ariel.severson@scouting.org

(email a photo of your page checked off)

REceive your **REcognition** for a job well done!

	Little s	Middle s	Big s
Sunday	Be a ray of sunshine to others - tell three jokes!	Be a ray of sunshine to others - perform a skit!	Be a ray of sunshine to others - Design a board game to play!
Monday	Play a game of chase or catch outside - remember sunscreen !	Design an exercise circuit using five outdoor stations - remember sunscreen !	Take your resting heart rate. Head outside to exercise and record your heart rate again - remember sunscreen !
Tuesday	Measure your shadow made by the morning or afternoon sun !	Put a stick or rod into the ground. Measure its shadow as the sun moves across the sky!	Put a stick or rod into the ground. Measure its shadow as the sun moves across the sky. Design a chart to show your results!
Wednesday	Good morning, Sunshine ! Add a fruit to your breakfast!	Good morning, Sunshine ! Try something new for breakfast!	Good morning, Sunshine ! Help an adult cook something new for breakfast for you!
Thursday	Choose a favorite board game to play outside in the sun with a drink and a snack!	Take a book outside to read in the sun with a drink and a snack!	Head outside with your notebook to draw or write in the sun - take a drink and a snack!
Friday	Sunny days are hot - take a bucket of water and draw on the patio!	Set your favorite plastic animals up outside on the edge of a piece of paper - use their shadows from the sun to draw their outlines!	Sunny days are hot - tape off a cool design on the patio or driveway. Color with sidewalk chalk!
Saturday	Draw a picture of a sunny place - is it real or imaginary?	Make a map of a sunny tropical island named after YOU - add water features, cool terrain, and imaginary animals!	Design a maze ending in a sunny destination spot in the middle!

Please feel free to make any substitutions to the activities or adjust the schedule as necessary. **Just have fun!**

Scoutreach REmote Details

How to Play - Directions for Parents

- Print a Scoutreach REmote chart (the weeks can be completed in any order).
- Kids check the boxes as they complete the activities. Feel free to make any substitutions to the activities or adjust the schedule as necessary (for example, doing multiple activities on one day).
- Email a photo of your child's completed chart to: ariel.severson@scouting.org.
- We will email you a certificate of participation that you can print off!
- Include your child's name and mailing address in your email if you would like a fun patch from one of our previous scout events mailed to you. Collect a variety of patches as your child completes additional weeks of the Scoutreach REmote activity charts.

Objectives

- To provide fun, age-appropriate activities for kids to do each day on their own or with their families.
- To outreach to families who might not otherwise be familiar with the scouting program.
- PLEASE SHARE WITH ALL FAMILIES YOU KNOW EVEN IF THEY ARE NOT SCOUTS!